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A BEACON OF COZINESS

Science and Technology Museum lighthouse 'yarn-bombed' by volunteer knitters metroNEWS

ADAM KVETON/FOR METRO

Chateau-reno trolls, take your best shot

WEBSITE

City planners launch site, expect feedback

Haley Ritchie
Metro | Ottawa

City of Ottawa planners have launched a special webpage to collect feedback on the Chateau Laurier addition from both local residents and people across the country.

"The Chateau is a beloved building in our city, it's located within a very special context," said planner Allison Hamlin. "Back in September when the applicant and owner released the news of the proposed addition to the media, people had strong reactions, especially on social media."

Hamlin said she had concerns about managing the deluge of feedback expected from the public. The webpage has been created to help deal with over 2,000 official responses anticipated.

The new webpage includes a feedback form, a timeline and consolidated info about planning and heritage.

In September the owner of the historic hotel, Larco Investments, went public with plans to extend the rear of the building with two modern structures. Mayor Jim Watson tweeted they should go "back to the drawing board."

The city also plans to work with a special Heritage Working Group composed of experts that will provide advice on the design, including its relationship to Major's Hill Park and Ottawa's iconic skyline.

The group will have a closed meeting on February 24.

Planning staff didn't provide specific examples of feasible changes that could be implemented if the public feedback is overwhelmingly negative, but Coun. Mathieu Fleury said "anything and everything is on the table in my mind."

The feedback form will remain open for the 28-day comment period.

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metro NEWS

Your essential daily news Lead plaintiff in '60s Scoop lawsuit, Marcia Brown Martel, says decision makes for a "better country." **Canada**

Parents fighting to save 7 schools on chopping block

EDUCATION

Board says resources spread too thin

Haley Ritchie
Metro | Ottawa

Low enrolment in seven of the city's west end schools means that five will close, and Ottawa Carleton District School Board trustees will have to make tough decisions about two more.

Trustees and the public made delegations on Monday evening, facing an emotional struggle to keep their local schools open.

The seven schools on the chopping block include J.H. Putman, Regina Street, Century, Grant Alternative School, Leslie Park, Greenbank Middle School and D. Aubrey Moodie Intermediate School.

The area being reviewed has 3,837 unfilled spots for students. The closures proposed by board staff would reduce that number by over half, with an estimated savings of $46.3 million over the next five years on maintenance backlog alone.

Around 21 full-time-equivalent positions would be eliminated including principals, administrative staff, library technicians and custodians.

Monday night's meeting confirmed that five will close, while a decision about Regina Street and J.H. Putman was deferred to a Tuesday evening meeting.

Trustee Theresa Kavanagh wants to keep Regina Street open by redrawing the boundaries and adding alternative school programming. She said she's taking her cue from parents although she understands some schools will have to close.

"Change is hard. Kids survive, but it is hard," she said. "People would like to have things stay the same, especially if it's something in their neighbourhood. We do our best but it's difficult to keep schools open when their numbers are dropping. So we have to make tough decisions sometimes."

Trustee Anita Olsen Harper has made a controversial bid to relocate English students but retain French language instruction at J.H. Putman.

The French-English educational divide in Ottawa has been one of the main concerns expressed by parents. Enrolment in English streams has been on the decline, forcing two-track schools that teach separate classes in both languages to consider changing to one-track.

The closing of any schools would mean ripple effects on neighbouring ones, including modified boundary lines, redirected students and changes to the grades and programs offered.

MAPPED | Changes to Ottawa's schools

Schools closing · Schools whose programs will change because of the closures

THREATENED

Those seven schools:

- **J.H. Putman** (No decision yet)
- **Regina Street** (No decision yet)
- **Century**
- **Grant Alternative School**
- **Leslie Park**
- **Greenbank Middle School**
- **D. Aubrey Moodie Intermediate School**

$46.3M

The closures proposed by board staff would yield an estimated savings of $46.3 million over the next five years on maintenance backlog alone.

OTTAWA DIGEST

Man surrenders to police after alleged assault

A man has turned himself into police at the Elgin Street station in relation to an assault investigation. Police say one man pistol-whipped another during a fight on Rideau Street earlier this month.

Twenty-three-year-old Mahanad Alkobosi is charged with assault with a weapon, possession of a weapon and carrying a concealed weapon.

ADAM KVETON/FOR METRO

Two dead in crash

Two people were killed Tuesday in a tragic collision on Colonial Road.

The crash took place around 10:30 a.m. according to Ottawa Fire who received multiple reports from 911 after a sedan and an SUV collided on the road near Canaan. Both drivers were pronounced dead on scene and Ottawa Police have identified them as 58-year-old women, but they were not releasing any more information. METRO

Council approves two developments

Council approved two developments aimed at university students on Feb. 8.

The first is a four-storey, 13-unit apartment building at 404 Eden Ave. between Richmond Road and Byron Avenue.

Kitchissippi Coun. Jeff Leiper had reservations about the development, citing concerns of intensification at an earlier planning committee meeting.

OTTAWA COMMUNITY NEWS

TRANSPORTATION

Uber, Sens team up for game-day rides to Canadian tire Centre

Adam Kveton
For Metro | Ottawa

There was another way to get to a Sens game starting last evening, after the team signed a new agreement with Uber.

The team and the company announced a new drop-off area for Uber drivers at the Canadian Tire Centre's Gate 1. The team said it was a good option for fans travelling to the arena.

"It's an exciting partnership with a dynamic, innovative company. Outside of the obvious travel benefits, our fans will also have the chance to enjoy special exclusive and unique promotions during the season by using the Uber app," said Mark Bonneau, senior vice-president, corporate strategy and sales.

Uber operated illegally in the city for almost two years, until city council made amended bylaws last October.

This is the rideshare company's first partnership has had with a Canadian pro sports team.

"We're thrilled to be partnering with the Ottawa Senators to make game day transportation more seamless and help fans celebrate the team with exciting promotions throughout the season," said Sheldon McCormick, general manager of Uber Ontario.

Taxi drivers also picked up at Gate 1 at the rink, and there is a direct phone line to taxi companies.

DEVELOPMENT

Vision for Armstrong Street: Learn from Wellington West

More stores and restaurants, more cycling infrastructure and more patios — all are part of a vision for the future of Armstrong Street.

On Tuesday Ottawa's planning committee accepted a report looking at a street that spans the city's trendy Hintonburg and Wellington West neighbourhoods.

The report was a partnership between the Wellington West Business Improvement Area, the Hintonburg Community Association and Kitchissippi Coun. Jeff Leiper.

"The vision calls for a secondary commercial opportunity in the neighbourhood," said Randy Kemp, a local property owner who voiced his support at the meeting.

"Take Kensington Market in Toronto and Granville Island in Vancouver and mix them up and create a hybrid. There are a lot of vacant lots on Armstrong, so there's an opportunity for new ideas and new development. There's also an existing old stock dating back to the 19th century that can be converted into commercial."

Kemp emphasized that the neighbourhood can offer reasonable rental rates for new businesses that are within walking distance of the built-up Wellington West main street. The goal is to mirror that commercial success and bike- and pedestrian-friendly feel on the neighbouring street.

HALEY RITCHIE/METRO

Nine-year-old throat singers Kendal Ford, right, and Papatsie Nicholson performed at Parliament Hill. SARAH DAVIES/ FOR METRO

INDIGENOUS YOUTH

Throat singers implore feds to Have a Heart

Sarah Davies
For Metro | Ottawa

Nine year old Inuk throat singers represented the Ottawa Inuit community yesterday with their low and long tones at Have a Heart Day on Parliament Hill, part of a national campaign that asks the government to send more support to Indigenous youth across Canada.

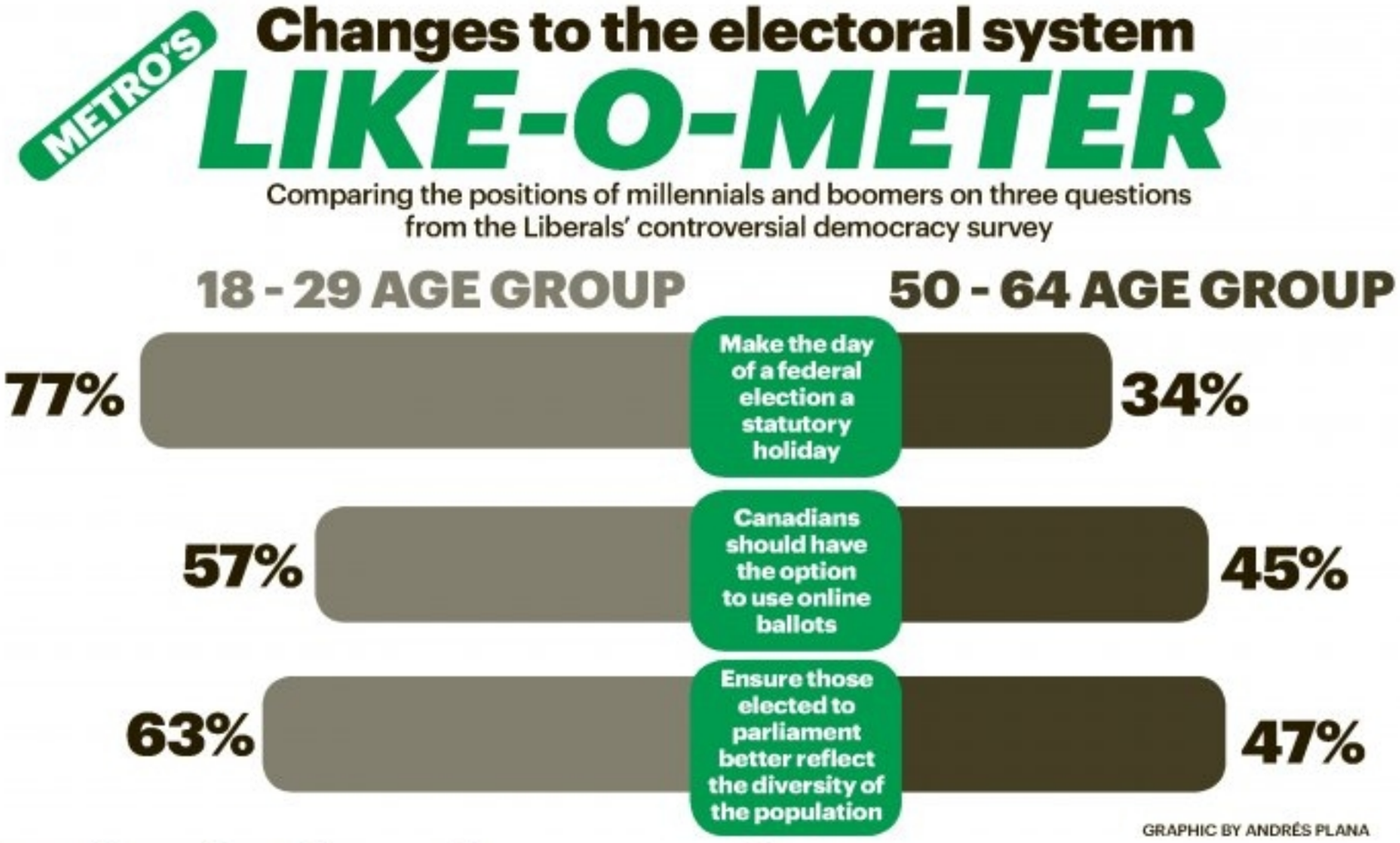
Kendal Ford and Papatsie Nicholson have been throat singing together since they were 18 months old. The vocal style typically involves two women who compete in a friendly match to see who will stop singing first. It often ends in smiles and fits of laughter.

Youth from the Ottawa Inuit Children's Centre helped plan the Parliament Hill event, which was organized by the First Nations Child & Family Caring Society of Canada.

Lynda Brown, manager of youth programs at the children's centre, said her daughter, Papatsie, performed the tradition at Parliament Hill in order to showcase her culture.

"I think the fact that we start really, really early, teaching them about their culture and language, finding ways for them to connect to that even in an urban setting, leads them down the right pathway," said Brown.

She said that the Inuit centre provides cultural learning in preschool, daycare and after-school programs to show youth the importance of their identity, when many Indigenous communities lack quality educational services.



GRAPHIC BY ANDRÉS PLANA

Divided on democracy

ELECTIONS

Federal survey reveals where millennials, boomers differ

Ryan Tumilty
Metro | Ottawa

Younger Canadians want a more open, more diverse political system than their older counterparts, according to the government's survey on electoral reform.

The mydemocracy.ca survey Ottawa unveiled last year didn't ask the question directly, but it was meant to gauge Canadians support for a change to the voting system.

The government ultimately announced that no voting reform would be forthcoming.

The online questionnaire surveyed more than 380,000 Canadians on topics around the structure of Parliament and voting mechanisms.

While on some issues there was agreement between old and young, on others there was a wide generation gap.

While 53 per cent of Canadians aged between 18 and 29 favoured putting special measures to ensure parliament reflected Canada's diversity, only 38 per cent of people over 65 endorsed that idea.

In another question, 63 per cent of people in the younger bracket thought more action should be taken to encourage diversity in parliament, only 47 per cent of seniors felt the same way. The differences don't stop there.

Younger Canadians also believed election day should be a statutory holiday, with 77 per cent of them agreeing or strongly agreeing with that idea.

Support for the holiday fades as Canadians get older, with 49 per cent of people in their 40s welcoming the idea, but only 27 per cent of those over 65 looking for a holiday to vote.

Online voting, which Elections Canada has rejected for now, had the support of 57 per cent of 18-29 year olds, but only 44 per cent of 44-year-olds .

Jane Hilderman, executive director of Samara Canada which works to reconnect Canadians with politics, said today's youth are bucking trends.

"They are behaving differently and in the 2015 election they did turn out differently than people did before," she said.

> **The worst-case scenario we can have is that a generation has checked out.**
> Jane Hilderman

She said young people don't all think alike, but many want more from politics than what they're getting — namely choice. She said policy-makers would be wise to consider that.

"The worst-case scenario we can have is that a generation has checked out of our institutions and there is a whole sort of disaffection towards them."

The survey got a high response rate from younger Canadians. In a statement, Democratic Reform Minister Karina Gould said the government welcomed their feedback.

"Young Canadians are already leading in many areas in our country including in our democracy.

'We will continue to seek out their advice and perspectives as we strengthen and safeguard our democratic institutions."

Museum warms up

CULTURE

Installation brings science and the arts together

Adam Kveton
For Metro | Ottawa

The city's coziness quotient got a major boost on Tuesday.

The Canadian Science and Technology Museum's iconic lighthouse at the St. Laurent site was successfully "yarn-bombed."

The project, which took 38 volunteers and thousands of hours to complete, was finished Tuesday with the help of Hydro Ottawa, whose high-line technicians adorned the lighthouse with a scarf and toque. The giant-size winter wear is made up of about 30 knitted blankets.

"We are very happy to have that out there for people to notice," said Christina Tessier, the museum's director general of the museum.

But project is about more than just getting attention.

Volunteers knitted 37 blankets, in addition to the 30 used for the scarf and toque, along with a bunch of scarves.

"All of these blankets are being donated to charity — for example for cancer patients, women's shelters," Tessier said.

As for the scarves, they've been placed along the rail at a bus stop in front of the lighthouse, which passers-by can take if they are feeling a bit chilly.

The project coincides with Random Acts of Kindness Week, which runs from Feb. 12-18.

While the yarn-bombing might not have a traditionally tech or science feel to it, Tessier said it presented an opportunity to do something fun, and involve artists in the museum.

Gordon Perrault, director of conservation and collection at the Canadian Science and Technology museum, ties scarves to a railing in front of the museum. Anyone feeling the cold is welcome to take a scarf home, he said. ADAM KVETON/FOR METRO

"We had our big graffiti wall that we put up working with students from across the country. We've got 400 feet of graffiti sitting in front of the museum, and this was just another step in saying that the arts are part of this science and tech spectrum," she said.

Tessier expects the installation to be up until the end of February.

The museum will reopen in November after major renovations; 80,000 square feet of new exhibitions are completed.

HEALTH

Ottawa-area marijuana grower says business is blooming

Canada's largest publicly traded marijuana company says it has had a hard time keeping up with demand for high-potency pot as its list of registered medical marijuana patients more than tripled at the end of last year.

Canopy Growth Corp., of Smiths Falls, Ont., says about one-third of its customers want moderate to high levels of THC, the psychoactive chemical in marijuana, and they're willing to pay a premium price for it.

"And we really didn't have that in the (October-December) quarter — almost ever," CEO Bruce Linton said Tuesday on a conference call after the company reported its third quarter results.

Linton said Canopy Growth has been hurrying to meet demand, expanding its production capacity and acquiring other producers. It also saw its medical marijuana patient base balloon to 29,000 at the end of last year from 8,000 as of Dec. 31, 2015.

To meet demand, Canopy Growth has been developing a medical marijuana product containing 27 per cent THC over the last 18 months. It's awaiting regulatory approval to start production.

The company also reported $1 million in sales in a single day for the first time, on Feb. 1, a remarkable number considering total revenue during the third quarter was less than $10 million.

"We had a fairly substantial amount of some reasonably pricey and high THC products that were eaten up," Linton said.

In Smiths Falls, where Canopy Growth has converted a former Hershey chocolate plant into its head office, the company has opened more grow rooms, some of which are being renovated to become two-storey production facilities.

Canopy Growth also has plans to expand its production capacity at other locations, including those recently acquired after its purchase of Mettrum Health Corp. in an all-stock deal that closed Jan. 31.

Linton said Canopy is poised to expand further when the federal government announces how it plans to open up a recreational marijuana market, which is expected in the spring.

"The only update I'd offer is that the provinces, at varying levels, seem to be quite actively engaged," Linton said.

"Whereas it has always been a federal agenda ... what we've been seeing for some time is real active engagement from a few of the provinces as they set up their own level (of implementation.)"

For the three months ended Dec. 31, revenue was $9.8 million, up from $3.5 million a year earlier. Net income for the quarter was $3.0 million, or two cents per diluted share, a turnaround from a loss of $3.3 million, or four cents per share, in the third quarter of fiscal 2015. THE CANADIAN PRESS

BY THE NUMBERS

Canopy Growth Corp. saw its medical marijuana patient base grow to 29,000 last year from 8,000 as of Dec. 31, 2015.

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OFFLINE READING

>>>

Beaverhouse First Nation Chief Marcia Brown Martel is the lead plaintiff in an Ontario class-action suit. A judge ruled Tuesday in favour of 16,000 indigenous Ontarians who were removed from their communities in the Sixties Scoop. THE CANADIAN PRESS

IMMIGRATION

Goodale, U.S. counterpart to talk about border

Public Safety Minister Ralph Goodale says he will soon talk face-to-face with his U.S. counterpart about the difficulties some Canadians are experiencing at the border.

Goodale said Tuesday he will have a chance in coming weeks - no date has been set - to discuss any border "issues or tensions" with Homeland Security Secretary John Kelly.

"We're working on the scheduling of that," Goodale said after a cabinet meeting. "The atmosphere in terms of the preliminary relationship seems to be very, very good."

The Nexus trusted-traveller cards of about 200 Canadian permanent residents were suddenly cancelled after President Donald Trump issued an executive immigration order banning visitors from seven largely Muslim countries.

Public Safety Minister Ralph Goodale

There have been several recent reports about minorities being turned away at the U.S. border. At the same time, Manitoba is grappling with an influx of would-be refugees crossing at remote border points in bitterly cold weather.

Goodale was briefed on the refugee issue Tuesday by RCMP Commissioner Bob Paulson and Canada Border Services Agency president John Ossowski.

"They're redeploying resources to make sure that they've got the right people at the right place to be able to cope with these matters," Goodale said.

The border issues have threatened to overshadow progress Canada made this week in Washington on plans for cargo preclearance to speed up trade as well as more extensive co-operation on fending off cyberthreats.

THE CANADIAN PRESS

'Great harm was done'

SIXTIES SCOOP

Judge sides with survivors in groundbreaking decision

After trying for eight years to have a class-action lawsuit brought by Ontario survivors of the '60s Scoop thrown out, the federal government was dealt a blow Tuesday in a stinging ruling by a Toronto judge who found in the survivors' favour.

The government had a "common law duty of care" to take reasonable steps to prevent on-reserve children from losing their indigenous identity after they were removed and placed in non-indigenous care between 1965 and 1984, concluded Superior Court Justice Edward Belobaba.

"Canada breached this common law duty of care," the judge said.

It's believed there are at least 16,000 survivors of the '60s Scoop in Ontario, who have spoken of psychological harm as a result of the loss of their cultural identity, which has affected them throughout adulthood.

"The Sixties Scoop happened and great harm was done," Belobaba wrote in his 20-page ruling.

"The uncontroverted evidence of the plaintiff's experts is that the loss of their aboriginal identity left the children fundamentally disoriented, with a reduced ability to lead healthy and fulfilling lives. The loss of aboriginal identity resulted in psychiatric disorders, substance abuse, unemployment, violence and numerous suicides."

The victory — the first for a '60s Scoop lawsuit in Canada — after years of legal wrangling was hailed by the plaintiffs and indigenous rights groups, who acknowledged this is not the end of the case.

The lead plaintiff, Marcia Brown Martel, 53, a member of the Temagami First Nation near Kirkland Lake, Ont., was adopted by a non-aboriginal couple in 1972 at age nine. She later discovered the Canadian government had declared her original identity dead.

"I feel like a great weight has been lifted from my heart," Brown Martel said. "Our pain was acknowledged."

TORSTAR NEWS SERVICE & THE CANADIAN PRESS

EDUCATION

Liberals write off $178M in unpaid student loans

The federal government for the second year in a row is writing off millions in student loans it will never collect, this time to the tune of $178.4 million.

The money represents 32,554 loans that federal officials believe they will never be able to collect, either because a debtor may have filed for bankruptcy, the debt itself has passed a six-year legal limit on collection, or the debtor can't be found.

Last year, the government wrote off 33,967 loans totalling $176 million.

Federal officials have increased their efforts in recent years to collect outstanding student loans after watching write-offs hit $312 million in 2012 and $295 million in 2015.

The previous Conservative government ordered officials to ramp up collection efforts in order to bring the write-offs under control. THE CANADIAN PRESS

A White House filled with drama

POLITICS

President Trump has lots of problems, but Canada isn't one

National Security Adviser Michael Flynn has left his position in the Trump administration. THE ASSOCIATED PRESS

Prime Minister Justin Trudeau has assured his U.S. counterpart over the phone that there might be 10,000 problems that land on his White House desk — and Canada won't be among them.

How true that promise rang Tuesday. Trudeau had barely left Washington and the cheer of a drama-free day was swiftly overshadowed by an incoming storm of palace intrigue, back-stabbing, leaks, international incidents and a spying scandal that rocked Donald Trump's White House.

Trump's national security adviser Michael Flynn wandered in to watch the Trudeau-Trump news conference. It made for an awkward scene, as, just a few feet away, a U.S. journalist was chatting on air about whether Flynn might be fired.

He was, hours later.

Less than 24 hours later, at another news conference, Trump's spokesman was asked why Flynn was fired. Sean Spicer said it was because the former military man and campaign surrogate had misled the president about his phone calls.

"The evolving and eroding level of trust as a result of this situation and a series of other questionable instances is what led the president to ask for Gen. Flynn's resignation," Spicer said.

Several media outlets were tipped off about the existence of transcripts of Flynn-Russia phone calls, intercepted by U.S. intelligence. It's just one of several high-level calls leaked to journalists recently.

There are demands for a full investigation into the administration's interactions with the Russian government — Democrats want one and the idea is gaining support among Republicans.

Trump, meanwhile, tweeted: "The real story here is why are there so many illegal leaks coming out of Washington? Will these leaks be happening as I deal on (North) Korea?"

Speaking of North Korea, the nuclear-armed nation produced two surprises this week. The first was its latest missile test — as Trump spent the weekend with the leader of North Korean nemesis Japan.

Then the half-brother of North Korean leader Kim Jong Un was assassinated at an airport in Malaysia. As he died, he told medical workers he'd been attacked with a chemical spray, an official there said.

International tensions didn't end there.

Russia reportedly tested a new cruise missile despite U.S. complaints that it violated a landmark 1987 arms treaty. With respect to Russia, Spicer told Tuesday's briefing that U.S. policy hasn't changed — sanctions will remain and Russia should return Crimea to Ukraine.

Then there was Venezuela: the U.S. on Tuesday officially designated its vice-president a drug trafficker.

In the meantime, more leaks.

Several sources have now said that top White House aide Reince Priebus might be the next to hear the reality-show-star-turned-president deliver that signature phrase: You're fired.

THE ASSOCIATED PRESS

LATEST NEWS

President Donald Trump was told in late January that his top national security aide had misled his vice-president, three weeks before Trump ousted adviser Michael Flynn amid a swirling public controversy over Flynn's contacts with a Russian official, said press secretary Sean Spicer on Tuesday.

Women planning next move

As Samia Assed watched election returns come in with her children and another Muslim family, she panicked when it became clear that Donald Trump would win the presidency. The Palestinian-American woman wondered if they would have to register as Muslims, as Trump said during his campaign. Would she be barred from wearing her hijab in public?

Assed has turned her fears into action, joining what advocacy groups say are hundreds, possibly thousands of women of colour, who are exploring making a run for public office. Across the country, women are gathering signatures, attending workshops, and signing up for fundraising and public speaking classes as they set their eyes on school board seats, city councils, state offices, and even Congress.

Just how many women of colour will actually seek office is anyone's guess. Advocacy groups say it's too early to determine how many women will formally file papers, but they believe the number could triple. Some are deciding on what position to seek, while others are waiting for 2018 or 2019, advocates said.

VoteRunLead director Erin Vilardi said the group has seen a jump in the number of women interested in politics. The New York-based group typically draws 50 to 100 participants for webinars like "From Protester to Politician." But since November, the webinars have attracted more than 1,000 participants each time, Vilardi said. And about half of those signing up are women of colour.

Some say Trump's win and his past comments on minorities and women sparked them to jump into politics.

Others, like Monic Behnken, 44, cite the divisiveness of the presidential campaign or Democrat Hillary Clinton's defeat among the motivating factors.

THE ASSOCIATED PRESS

Canadian Prime Minister Joe Trudeau visits — wait, what?

Press Secretary Sean Spicer at press briefing Tuesday at the White House in Washington, DC. He mentioned Trump's meeting with PM Justin Trudeau, whom Spicer called "Joe." GETTY IMAGES

Donald Trump's press secretary, Sean Spicer, had a lot on his mind at the start of his daily briefing on Tuesday. Which may or may not explain what he called Canada's prime minister.

Joe.

Spicer used much of his opening statement to explain the forced resignation of Trump's national security adviser, Michael Flynn. Before he let reporters begin grilling him on the Flynn fiasco, he found a bit of time to mention Trump's Monday meeting with Justin Trudeau.

"Yesterday the president set — had an incredibly productive set of meetings and discussions with Prime Minster Joe Trudeau of Canada," he said, "focusing on our shared commitment to close co-operation in addressing both the challenges facing our two countries and the problems throughout the world. Our countries share a profound economic interest, with more than $2 billion in two-way trade flowing across our border every day."

It was not immediately clear if Spicer is familiar with the Molson ads featuring a Joe from Canada.

Spicer has faced mockery for his slips of the tongue, deliberate deceit and attacks on the reporters asking him questions.

Trump's chaos-plagued young administration has been struggling with basic tasks like identifying foreign leaders correctly. It has called United Kingdom Prime Minister Theresa May "Teresa," called the president of Colombia the president of "Columbia," and called the prime minister of Australia the president of Australia.

TORSTAR NEWS SERVICE

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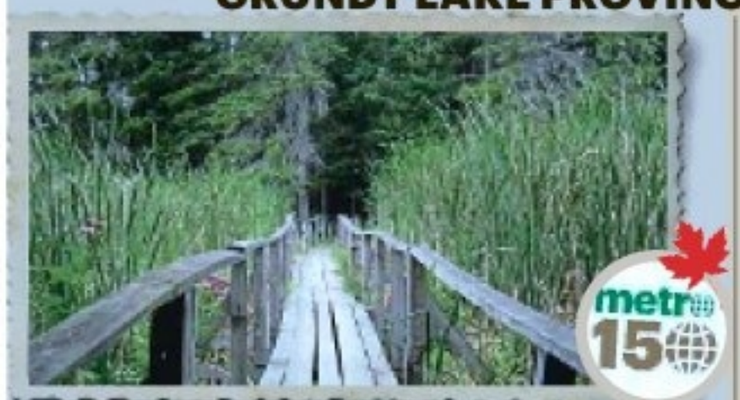

The Beaver Dams Trail at Grundy Lake Provincial Park in Ontario is special to me because I was just starting to be interested in photography and I really got to experiment. The bridge picture was my proudest moment and still hangs in my dining room. It inspired me to do more. **Rebecca Karton**

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metro VIEWS
Your essential daily news
Wednesday, February 15, 2017

JESSICA ALLEN ON SOLIDARITY SISTERS

Conflict means feminism is breathing, alive, and thriving.

On Sunday night, the eve of Galentine's Day no less, Adele told the world her Album of the Year Grammy should've gone to Beyoncé. And then, as if the universe was steered by the forces of sisterhood, the top of the trophy popped off, leaving a piece for each.

It was a shining moment of female friendship. A gesture of solidarity between powerful female voices, Bey's mouthed words to Adele echoing into the era: "I love you."

It was amazing to see undercurrents that sometimes splinter the movement — questions of race and power, who gets included or excluded and why — seemed to melt away.

It was almost enough to make you forget that the institution representing power in the music industry gave the biggest award of the year to a white woman, again.

That beautiful moment also reminded us that though female friendship is a powerful short-hand for solidarity, this stuff is complicated. Really complicated.

Meanwhile, over at HBO, the season premiere of Girls illuminated the seedier side of female relationships.

Hannah Horvath, played by show creator Lena Dunham, lands a column in the New York Times by mining the pain generated by her best friend hooking up with her ex.

The byline leads to a meeting with the editor of the SlagMag: "We're basically hiring you for your look, your vibe and your shape. Just your whole thing," the editor, played by Chelsea Peretti, says. It is something Hannah's always wanted to hear.

She's sent on an assignment sold as "stupid and rad." She must infiltrate a surf school in the Hamptons attended by rich women, whom she will pick apart in print.

In a single scene, a woman slaps a scarlet "A" on her one-time friend while the editor reduces Hannah to a caricature and pays her to do the same to other women.

The second episode, which airs this Sunday, delves further into the complicated, sometimes volatile interactions between women. Shoshanna, played by Zosia Mamet, has landed a new marketing job and is eager to network at an event hosted by WEMUN, Women Entrepreneurs Meet Up Now.

Jessa, lost professionally and personally, tags along, functioning as the audience's Greek choir, asking Shosh why she wants to surround herself with this brand of woman, especially with membership fees at $2,000.

Did the force of female friendship split the Grammy? GETTY IMAGES

"Whether it's how to rock a romper at a work event or who you should be voting for, a WEMUN woman is the person to ask," a co-founder tells the group. "Is it open for trans women? The answer is we don't know, OK?"

Not just a great punch line, that "we don't know" was refreshing. Having the courage to say "I don't know" when dealing with something as complex as the power of half the planet is hell of a lot better than the mission statement demanded by some after the Women's March on Washington.

Remember when Gloria Steinem and Madeleine Albright, two towering figures of feminism, told progressive young women who to vote for? Now that a man who has a public record of demeaning women is president of the U.S., this infighting over what some might consider minutiae of feminism, seems quaint.

Feminism doesn't mean that 3.5 billion people have to agree with each other. Equality and liberty mean very different things.

It's good that there's conflict in the movement as it strives to include women across race and class. It means it's breathing, alive, and thriving.

We are not going to agree on everything, which is why Girls, a show about four millennial white women living in Brooklyn is so good: it revels in the mess.

Though Hannah does express a sentiment that transcends all boundaries: "I definitely feel more like a dumpling than a woman," she said.

Welcome to the club.

Jessica Allen is the digital correspondent on CTV's The Social.

What Trump knew: not much, as usual

Vicky Mochama
Metro

With the late-night resignation of Donald Trump's national security adviser Michael Flynn, the question has to be asked: What did the president know and when did he know it?

The more important question for me, however, is: Are we all talking about the same president? And are we asking about what he knows? If they hadn't made him move house, I would doubt he was aware that he was actually president.

I'm not entirely certain he has read the American Constitution.

He can't have, because he would have thought long and hard (for him) before surrounding himself with opportunistic billionaires and Mike Pence while the 25th amendment still exists.

(Section 4 of the 25th Amendment allows a majority of the cabinet to declare the president unfit to serve. It also elevates the vice-president to the presidency.)

The one thing we can be certain of is that whenever Donald Trump was told A Thing is an entirely different moment from when he actually knew That Thing. Which is, in turn, a different event from when he will ultimately, and needlessly, lie about It.

After all, this is the administration that has introduced the world to "alternative facts."

In this way, Trump is an inspiring leader. You can see his on-again-off-again relationship with the truth all over his administration. At Tuesday morning's briefing, White House Press Secretary Sean Spicer called our prime minister "Joe Trudeau." Maybe it was an accident, but the visit happened 24 hours ago. How hard is it to not screw up your guest's name?

Comically-innocent errors have been few and far between. Everything else is far more dangerous.

The promise to repeal and replace the Affordable Care Act looks poised to just be a repeal. "Draining the swamp" has included putting billionaires from Goldman Sachs and ExxonMobil in the cabinet.

From the wild manipulations of adviser Kellyanne Conway to the mendacity of Spicer to the alleged threats from Omarosa Manigault, the staff are clearly taking their cues from the top.

Aside from the actual access he has to nuclear weapons, the daily danger that Trump possesses is that of a clueless white man speaking loudly on things he knows nothing about. This is an archetype who, when questioned, will lie and obfuscate.

As reported last summer in the Washington Post, in a 2007 deposition lawyers caught Trump in a lie 30 times. Try lying 30 times at your job today. They'll either make you CEO or show you the door. (Don't tell them I sent you; I take no responsibility.)

In this alternate reality we're living, the question should be asked: What did Trump voters know and when did they know it?

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metro LIFE

Your essential daily news

Wednesday, February 15, 2017

ABC has named a black woman as its Bachelorette for the first time in the show's history. Rachel Lindsay, a 31-year-old attorney from Texas, will lead the 13th season of The Bachelor spinoff.

Heartwarming winter soul food

Now's the time when a lot of Canadians wish they could bid winter farewell forever. But with these three heartwarming recipes, not only will you enjoy a toasty afternoon in the kitchen, you'll be able to savour all the comforting results throughout the week... RICARDO LARRIVÉE TORSTAR NEWS SERVICE

Spice-rubbed Pork Chops

Makes 4 servings.

You wouldn't think that a recipe that requires just 10 minutes of prep could yield such remarkable results, but that's the thing with pork chops: They're fast and delicious. This recipe pairs them with a brown sugar rub filled with the five-alarm fragrance of chili powder, black pepper, cumin and garlic, which caramelizes into the most delectable crust. This recipe will wind up on your regular roster.

Ingredients:
- 1 tbsp coarse salt
- 1 tbsp brown sugar
- 1 tbsp chili powder
- 1/2 tsp ground black pepper
- 1/2 tsp ground cumin seeds
- 1/4 tsp garlic powder
- 4 bone-in pork chops, 1 inch (2.5 cm) thick, trimmed

Directions:
1. In a bowl, combine all the ingredients, except for the pork chops. Place the meat on a plate. Coat and rub with the spice mixture. Cover and refrigerate for at least 2 hours or overnight.
2. Preheat the grill, setting the burners to medium-high. Oil the grate.
3. Grill the pork chops for 4 to 5 minutes on each side for medium-rare doneness. Let rest for 5 minutes. If desired, garnish with chopped celery leaves.

Beef and Leek Confit Open-Faced Sandwich

Makes 4 servings.

The linchpin component here is the leek confit, which sounds fancy but is easy as pie to make: It's simply seasoned leeks baked for 40 minutes in cream and butter. Served over crusty country bread and topped with hot mustard, cheese, arugula and thinly sliced flank steak, it makes for a simple but memorable meal.

Ingredients:
For leeks:
- 2 leeks, cut into pieces 1 1/4 inches (3 cm) thick
- 1/4 cup (60 mL) 35 per cent heavy cream
- 1/4 cup (55 g) cold butter, cubed
- Salt and pepper, to taste

For beef:
- 1 flank steak or beef strip loin, about 1 lb (450 g)
- 2 tbsp (30 mL) olive oil

For sandwiches:
- 4 slices country bread
- 2 tbsp (30 mL) Dijon mustard
- 8 oz (200 g) firm cheese (Marechal, Comté, Gruyère), cut into 4 slices
- 1 cup (25 g) baby arugula
- Pepper, to taste

Directions:
1. To make the leek confit, with the rack in middle position preheat the oven to 400F/200C. In a baking dish, spread the leeks in an even layer and cover with the cream and butter. Season with salt and pepper. Cover and bake for 40 minutes. Uncover and continue baking for about 5 minutes. Set aside.
2. Meanwhile, to prepare the beef, heat oil in skillet over medium heat. Add meat and brown on both sides until desired doneness. Set aside on a plate and let rest for about 15 minutes. Thinly slice the meat.
3. To make the sandwiches, move oven rack to highest position and preheat broiler. Place bread slices on a baking sheet. Spread with mustard and cover with cheese. Broil for about 5 minutes or until cheese is melted and bread begins to toast. Garnish with sliced beef, leeks, and arugula. Generously season.

Cheddar and Broccoli Soup

Makes 4 servings.

Broccoli is a hard sell for some kids, but not in this recipe, which includes so many other favourite flavours: cheddar cheese, cream, chicken broth, even ham! The result is a hearty soup that's creamy, salty and smoky, and the embodiment of comfort food. Make a double batch and you'll have enough to warm your soul every day this week.

Ingredients:
- 1 shallot, finely chopped
- 1 clove garlic, finely chopped
- 3 tbsp (40 g) butter
- 4 thin slices ham, finely chopped
- 1/4 cup (40 g) unbleached all-purpose flour
- 1 pinch ground nutmeg
- 3 1/2 cups (875 mL) chicken broth
- 1/2 cup (125 mL) 35 per cent heavy cream or 15 per cent cooking cream
- 1 tsp (5 mL) whole-grain mustard
- 2 1/2 cups (225 g) grated mild orange cheddar cheese
- 4 cups (1 L) cooked broccoli florets

Directions:
1. In a saucepan over medium heat, soften shallot and garlic in butter. Add ham and cook for 2 minutes. Sprinkle with flour and nutmeg and cook for 1 minute, stirring constantly.
2. Add broth, cream and mustard. Bring to a boil over medium heat, stirring with a whisk.
3. Simmer gently for about 5 minutes. Remove from heat and stir in cheese until it is melted completely. Add broccoli and heat through, without boiling. Lightly season with salt and pepper. Transfer to serving bowls.

ROSE REISMAN THE SAVVY EATER

THIS WEEK: Just how salty is your soup?

Watch out if you're warming up this winter with a hearty bowl of soup.

PICK THIS

Panera Low-Fat Vegetarian Garden Vegetable Soup with Pesto

Calories 120
Fat 3.5g
Sodium 1100mg

SKIP THIS

Panera Low-Fat Vegetarian Garden Vegetable Soup with Pesto in a Bread Bowl

Calories 740
Fat 5g
Sodium 2090mg

HERE'S WHY

Equivalent in sodium to 219 Rold Gold Classic Style Pretzel Sticks.

Soup is the ultimate comfort food during the frigid months of winter. A low-fat, veggie-based soup is a simple way to have a healthy part of your meal, but serving it in large bread bowl will sink you nutritionally. The bread bowl is equivalent to 6 slices of bread. This gives you an unnecessary addition of over 6 times the calories and almost double the sodium. Don't eat your bowl! Get a small whole grain roll on the side if you're craving carbs.

LIQUID ASSETS PETER ROCKWELL

Any port in a storm? Not quite, get the real thing

For drinkers of my vintage our first taste of port came out of a big bottle worth about what we now consider bus fare. It wasn't made in Portugal, far from it, and Portuguese winemakers spent years seething over the use and abuse of the name of their signature liquid output by a multitude of foreign countries.

In 2013 Canadian vineyards agreed to stop using the term port to describe their fortified wines; choosing instead to go with the less geographically specific term tawny. (Just to add a bit of confusion, tawny is also used in Portugal to describe a variety of aged wines).

While my generation still struggles with the changeover, millennial-aged consumers only see port as Portuguese. Falling in love with all the sublime personalities the real stuff offers.

If you're looking to discover (or re-discover) Portuguese port, Warre's Otima 10-Year-Old Tawny (500ml, $21.95-$26.99) is a super-smooth aged version with round caramel and soft, nutty flavours that drinks well chilled or at room temperature.

Prices reflect the range across the country. Some products may not be available in all provinces.

FOOD BANKS GROW THEIR OWN WAY

Shortages spurring action

In a bid to make up for a shortfall of high-quality nutritious food, some Canadian food banks are growing their own — and even farming fish.

The Mississauga Food Bank recently launched AquaGrow Farms, where tilapia is being raised in tanks and lettuce is raised through hydroponics, or without soil. Executive director Christopher Hatch said the Ontario food bank is the first in Canada to be producing its own fish.

"It's not a complete solution, but it's certainly in the right direction and it shows the community we're thinking creatively about how to solve this problem," said Hatch.

Clients of a food bank depot in Surrey, B.C., part of metro Vancouver, will also be the recipients of leafy salad greens, thanks to hydroponic growing walls donated by Living Garden Foods.

THE CANADIAN PRESS

JOHANNA SCHNELLER WHAT I'M WATCHING

Sugar flowing a little too freely in Riverdale

THE SHOW: Riverdale, Season 1, Episode 2 (Netflix)
THE MOMENT: The pep rally

K.J. Apa is Archie and Lili Reinhart is Betty in Riverdale, a darker version of the comic book series Archie. NETFLIX CANADA

A student has died, but the pep rally goes on, led by the dead student's twin, Cheryl Blossom (Madelaine Petsch), queen beyotch. Archie (K.J. Apa), a hunky football star, spies his estranged emo pal Jughead (Cole Sprouse) by the bleachers.

"I didn't mean all that crap I said to you," Archie says. "I'm sorry."

"It's cool," Jughead shrugs. Then he grins. "We're not gonna hug in front of this whole town. So why don't we just do that bro thing where we nod like douches and mutually suppress our emotions."

Josie (Ashleigh Murray) and the Pussycats, a trio who wear cat ears, begin singing, "Baby want your sugar I'm ready to get served," and then segue into a hip hop version of Sugar, Sugar. The marching band and cheerleaders — including Betty and Veronica (Lili Reinhardt and Camila Mendes) join in.

I think this moody, self-referential take on the classic comic book series is in on the joke — that it's both homage to and send-up of self-serious, pre-Golden Age TV dramas.

I called it Twin Peaks 90210 before I even knew that a star of the former, Madchen Amick, plays Betty's mom, and a star of the latter, Luke Perry, plays Archie's dad.

But despite all the knowing updates — Betty's bestie is gay, Moose is a jock-in-the-closet, and people say things like "Can't we in this post-James-Franco era liberate ourselves from the tired jock/artist dichotomy?" — I still think this is an adult's idea of teenagers. No kid today cares about the in-joke references, and nothing can make Sugar, Sugar cool.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

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metro WHEELS
Your essential daily news

Up for auction: 2005 Ford GT once owned by racing champion Jenson Button

Corolla safety features add value

THE CHECKLIST | 2017 TOYOTA COROLLA XSE

THE BASICS

Engine: 1.8L four-cylinder
Output: 140 hp, 126 pound-feet of torque
Transmission: CVT
Fuel Economy (L/100 km): 8.3 city, 6.7 hwy, 7.5 combined (CVT)
Price: Starts at $16,390/$26,928 as tested

LOVE IT

- Generous standard features and safety equipment
- Affordable
- Roomy

LEAVE IT

- Lackluster driving dynamics on highway

REVIEW

XSE: Safer and sleeker but still not very fun to drive

Jodi Lai
AutoGuide.com

The Toyota Corolla is simultaneously one of the most loved and most hated cars on the market. Millions of people buy Corollas, yet car snobs will go on and on about how boring they are.

Here's the truth: For what it is — a budget compact sedan — the Toyota Corolla is perfectly fine, especially because it has just been refreshed for the 2017 model year.

There are a lot of misconceptions we have to clear up about the 2017 Toyota Corolla.

People will tell you it's garbage because it feels like a cheap car. But while the Corolla can't match a Lexus or even a Honda Civic in terms of swankiness, but it's not as bad as you've heard.

The 2017 Corolla gets a new look that gives the sedan some personality. It doesn't seem as cheap, both inside and out. LED headlights and a backup camera are now standard, but more importantly, so is Toyota's safety technology package.

Where most other cars in this class make you pay extra, the Corolla includes automatic emergency braking with pedestrian detection, lane departure alert with steering assist, adaptive cruise control and automatic highbeams as standard equipment. That's a huge deal, considering this car starts at $18,500 in the U.S. and $16,390 in Canada.

One oddity is that blind spot monitoring is an option on the Corolla, something drivers may find more useful day to day.

Another misconception is that the Corolla is awful to drive, which isn't 100 per cent true either. In the city, the Corolla is actually pretty great. It's easy and fuss-free, it has great sightlines and off-the-line acceleration isn't terrible. The turning radius is nice and tight so parking and completing U-turns is easy.

It's when you take the Corolla on the highway where it becomes a little depressing. The steering gets extra vague and twitchy, but even worse is that the engine is borderline unresponsive when trying to make a pass. The Corolla is powered by a 1.8-liter four-cylinder engine with 140 horsepower and 126 pound-feet of torque — great in the city, but just not very good at high speeds.

As tested, this Corolla comes with heated seats, a push-button start, keyless entry, auto-dimming rearview mirror, an eight-way power driver's seat, leather-like seating, a sunroof and navigation as options.

In terms of value, the Corolla undercuts the Civic on price while still offering more important standard features at base level. Even fully loaded, the pricing isn't out of whack, but topline models start to step on the toes of much better, more complete cars that might offer a better driving experience or feel more luxurious.

INNOVATION

BraunAbility and Chrysler team up to create wheelchair-accessible Pacifica

Jason Siu
AutoGuide.com

The Chrysler Pacifica is the most spacious wheelchair-accessible vehicle in the industry.

The American automaker teamed up with BraunAbility to design a wheelchair-accessible Pacifica that is making its debut at the 2017 Chicago Auto Show.

The minivan features patent-pending AccessAbility technology, including an aerospace-inspired sliding door extension and the industry's widest side-entry ramp.

Helping expand interior space are rear-axle space innovations and cantilevered seat bases.

And to ensure Chrysler integrity and quality, BraunAbility sources its components through the same suppliers and crash-tests to the highest automotive standards.

The partnership between the two companies also include co-promotion support for the Give a Dog a Job Program benefiting Canine Companions for Independence.

The wheelchair-accessible Chrysler Pacifica is just the latest in a long-time partnership between the two brands, which began more than 45 years ago.

"Whether it's a veteran, a colleague, friend or a family member, there's a good chance we all know someone with a physical disability who needs help getting to the places and events that matter most to them," said Tim Kuniskis, head of Passenger Cars, Dodge, SRT, Chrysler and FIAT, FCA North America.

"The all-new Chrysler Pacifica is proving to be a lot of things to a lot of people, and now equipped with the BraunAbility technology, it is also the perfect tool to help our customers gain freedom to stay active in their everyday lives."

The Chrysler Pacifica minivan with AccessAbility technology is just the latest product to stem from Chrysler's 45 year-long partnership with BraunAbility. PHOTO COURTESY BRAUNABILITY

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Style over speed when the roads are snowy

SAFTEY

Conquor ice and snow at performance boot camp

Jodi Lai
AutoGuide.com

I've never been a winter person. I've lived in Canada my whole life and never woken up to a frigid, dark and dreary day feeling like I could conquer the world.

Porsche seems to have a cure for people like me who love driving but hate winter: an immersive winter performance driving course. Porsche Camp4 takes a driver's worst winter enemies — snow and ice — and turns them into their best friends.

Held on the purpose-built Mécaglisse snow track in Quebec, participants are greeted by a stable of new Porsche sports cars and an encouraging group of hosts and skilled instructors. Porsche offers its winter performance school in Finland, China, Switzerland, Italy and Canada in three difficulty levels: Camp4 (precision), Camp4S (performance) and Camp4RS (masters).

I crashed into a snow bank, ate one or two pylons and embarrassed myself in front of colleagues, but it wasn't all in vain. I learned a thing or two in the process! Here are the three most important things drivers will learn at Porsche Camp4:

Winter tires are necessary

If you want to be a better and safer driver year-round, you absolutely need winter tires, even if you have all-wheel drive.

Winter tires give you more grip and more grip gives you more control. All-wheel drive might get you going faster, but it does absolutely nothing to help a car stop or slow down.

The Nokian Hakkapeliitta winter tires we used have 1.5-mm studs, while the tires used in the Camp4RS program have 3-mm studs, which are needed because drivers in the advanced course are let loose in the woods to rally the Porsches in the snow with very little room for error.

The tracks used in the beginner's Camp4 are wide and generous. The worst that can happen is a meeting with a soft snow bank (not to bruise our egos, one instructor called this a love tap).

Porsche hosts its winter performance courses in five countries, including Canada. HANDOUT

Porsches are great teachers

Part of the reason why Porsches are so interesting to drive is because they come in so many configurations, each having unique driving dynamics. We were able to drive mid-engine, rear-wheel-drive 718 Caymans as well as rear-engined 911s with both rear- and four-wheel drive.

Driving the cars back to back and also with Porsche Stability Management (PSM) traction control on and off really exaggerates how different cars require different driving techniques.

PSM takes the guess work out of hairy situations, reining in a car when the driver's enthusiasm outweighs their skill. With PSM traction control turned off, the car relies on the driver fully to know what to do get out an oversteer or understeer situation.

Style Over Speed

Driving in the snow isn't about going fast, it's about driving slow — with style. The Camp4 program had a slalom, skid pad and snow track, but blazing lap times weren't the goal. The goal was figuring out how to use each car's unique dynamics and the lack of traction to your advantage.

Instead of blasting through the slalom, we learned to pendulum around the cones using the car's rear-bias to help us.

We learned how drifting with a four-wheel-drive sports car is different than drifting with rear-wheel drive. And we also learned the Scandinavian Flick, a move rally drivers use to get around a corner more efficiently.

It's a lot of information to process, but the more you practice, the more you'll be able to feel what's going on and react correctly before your Porsche slides into a snow bank.

It may take practice, but under the watchful eye of talented instructors, drivers will leave Porsche Camp4 feeling like Ken Block.

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$6,250 IN TOTAL DISCOUNTS[◊]

+

NO PAYMENTS FOR 90 DAYS[*]

2017 RAM 1500 QUAD CAB SXT 4X4

$95 WEEKLY FINANCING[†] @ **0%** FOR 84 MONTHS WITH $0 DOWN

WITH **$6,250[◊]** IN TOTAL DISCOUNTS

Starting From Price for 2017 Ram 1500 Sport Quad Cab 4x4 shown: $50,140.[§]

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Wise customers read the fine print: †, ‡, *, ≈, § The Cold Cash Hot Deals Sales Event offers are limited time offers which apply to retail deliveries of selected in-stock new and unused models purchased/leased from participating retailers on or after February 1, 2017. Offers subject to change and may be extended or changed without notice. All pricing includes freight ($1,795), air-conditioning charge (if applicable), tire levy and OMVIC fee. Pricing excludes licence, insurance, registration, any retailer administration fees, other retailer charges and other applicable fees and taxes. Financing and lease offers available to qualified customers on approved credit. Retailer order/trade may be necessary. Retailer may sell for less. †0% purchase financing for 84/48 months available on select new models to qualified customers on approved credit through RBC, Scotiabank and TD Auto Finance. Retailer order/trade may be necessary. Examples: 2017 Ram 1500 Quad Cab 4x4 (25A)/2017 Ram 2500 ST Crew Cab 4x4 (26A) with a purchase price of $34,708/$49,840 financed at 0% for 84/48 months equals 364/208 weekly payments of $95/$240, with a cost of borrowing of $0 and a total obligation of $34,708/$49,840. ◊$6,250 in Total Discounts is available on 2017 Ram 1500 models (excluding Reg Cab) and consists of $6,250 in Consumer Cash. See your retailer for complete details. *The Make No Payments for 90 Days event is a limited time offer which applies to retail customers who finance a select new 2016/2017 Chrysler, Dodge, Jeep, Ram or FIAT vehicle at a special fixed rate on approved credit through a participating financial institution. Monthly/bi-weekly/weekly payments will be deferred for 60 days and contracts will be extended accordingly. Interest charges will not accrue during the first 60 days of the contract. Customers will be responsible for any required down payment, license, registration and insurance costs at time of contract. Some conditions apply. See your retailer for complete details. ≈Non-prime financing available on select models on approved credit. 4.99%/6.99% financing available on select 2016 models. Financing examples: Purchase Price of $30,000 with a $1,000 down payment, financed at 4.99%/6.99% over 84 months, equals 182 bi-weekly payments of $189/$202 with a cost of borrowing of $5,418.76/$7,753.86 and a total finance obligation of $34,418.76/$36,753.86. Some conditions apply. See your retailer for complete details. §Starting From Prices for vehicles shown include Consumer Cash discounts and do not include upgrades (e.g., paint). Upgrades available for additional cost. Certain features of vehicles shown – e.g., interior colour – may not be offered on all models. See retailer for details. ♦Based on IHS Automotive: Canada on Total New Vehicle Registration data comparing calendar year end market share and volume gains for 2010 versus 2015 for the mid-size and large pickup segments as defined by FCA Canada Inc. *Jeep is a registered trademark of FCA USA LLC used under license by FCA Canada Inc. ™The SiriusXM logo is a registered trademark of SiriusXM Satellite Radio Inc.

An Atlanta zoo has named a cockroach after Patriots quarterback Tom Brady after losing a Super Bowl bet with a Rhode Island zoo

Raptors pull trigger on trade for Ibaka

NBA

Ross, draft pick headed to Magic in exchange for power forward

Serge Ibaka boxes out Knicks forward Carmelo Anthony on Jan. 2 in New York. ELSA/GETTY IMAGES

The Toronto Raptors were cartwheeling down the Eastern Conference standings, and a sense of unease had seeped into the dressing room.

But team president Masai Ujiri made a big splash Tuesday by reeling in Serge Ibaka from the Orlando Magic, acquiring a player he's long coveted and filling a void at the power forward position. The Raptors gave up Terrence Ross and a first-round pick in the 2017 draft in exchange for a pivotal big man they hope can catapult them in the right direction.

"He's definitely one of a kind when it comes to rim protection, being able to score in the post, and also space the floor as well," Raptors guard DeMar DeRozan said at the team's morning shootaround in Chicago. "Sucks to see (Terrence) go, but now we've got to make this new adjustment with a great new addition."

The Raptors did not make an official announcement but a source confirmed the deal to The Canadian Press.

Ross later posted on Twitter: "Toronto thank you for all the memories, thanks to the amazing fans. Couldn't of been drafted to a better city. Thanks to to my team. All luv."

Terrence Ross
GETTY IMAGES

The move came with the Raptors mired in their worst slump in two seasons. Entering Tuesday night's game against the Bulls, the Raptors had dropped 10 of their last 14 games to slip from second to fifth in the Eastern Conference standings.

A 102-101 loss to Detroit last Sunday prompted all-star guard Kyle Lowry to say in a funereal post-game dressing room: "Something's got to give, something's got to change."

In Ibaka, a chiselled six-foot-10 power forward, the Raptors get a versatile player who can knock down shots and provide a huge presence in the paint.

"I think he's a great addition to any team and especially to ours where we can add some shot-blocking, some outside shooting, some inside toughness, some athleticism, running up and down the floor," Lowry said in Chicago. "I think he's going to be a guy who can take some pressure off of me and DeMar."

Ibaka, who will become a free agent this summer, is averaging 15.1 points, 6.8 rebounds and 1.6 blocks a game this season.

Ross, who was selected by Toronto with the eighth overall pick in the 2012 draft, is averaging 10.4 points a game this season. THE CANADIAN PRESS

NHL

Therrien out, Julien in as Habs coach

The Montreal Canadiens fired head coach Michel Therrien on Tuesday and brought back former Boston Bruins bench boss Claude Julien to help put life back into their slumping team.

Julien became available when he was fired in his 10th season with the Bruins last week and Canadiens general manager Marc Bergevin was quick to snap him up. It is believed that a handful of other teams were also interested in the 56-year-old coach.

> **Today we hired the best available coach, and one of the league's best.**
> Habs GM Marc Bergevin

The Canadiens opened the season with a 13-1-1 mark but have been listless over the last two months and have a 2-6-1 record in their last nine games. There was fear of another collapse like last season, when the club went from first place to out of the playoffs after star goalie Carey Price was injured.

Speculation had been building that Therrien would be let go. He ended up being replaced by Julien for the second time in his career. Therrien's first stint with Montreal from 2000-03 ended when Julien took over from 2003-06.

Julien is to run his first practice Friday afternoon and coach the next day in a matinee against the visiting Winnipeg Jets.
THE CANADIAN PRESS

IN BRIEF

Redblacks sign receiver Shaw as free agency opens

The Ottawa Redblacks dipped into free agency to replenish their solid receiving corps.

According to a league source, Ottawa signed Kenny Shaw on Tuesday. The 25-year-old had 77 catches for 1,004 yards and five TDs last season with the Toronto Argonauts.

The move fills a definite need for Ottawa with 1,000-yard receivers Ernest Jackson and Chris Williams both hitting the open market. THE CANADIAN PRESS

PSG blasts Barca in first leg of Champs League meeting

Two years after being humiliated by Barcelona in the Champions League, Paris Saint-Germain turned the tables on the five-time champions with a relentless display of skill, energy and determination.

Angel Di Maria scored two goals and top scorer Edinson Cavani grabbed his 34th of the season, with both players scoring on their birthdays as PSG battered Barcelona 4-0 in the first leg of their Round of 16 contest on Tuesday.
THE ASSOCIATED PRESS

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MAKE IT TONIGHT

Effortless Salmon Dinner Tray Bake

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Cooking your entire dinner on a tray is the ultimate in ease and deliciousness.

Ready in 35minutes
Prep time: 10 minutes
Cook time: 25 minutes
Serves 4

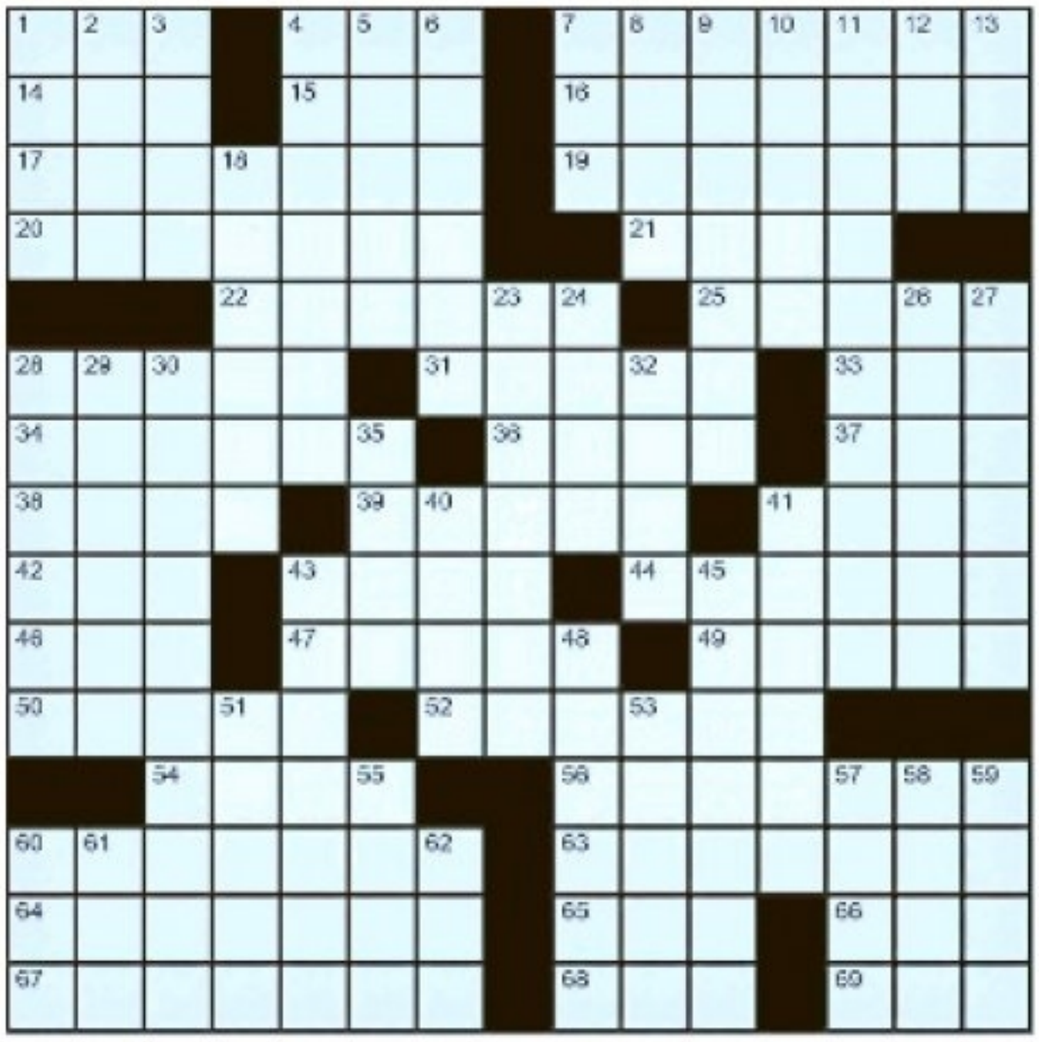
Ingredients
- 4 salmon filets
- 12 new potatoes
- 1 bundle of asparagus, washed and trimmed
- 20 cherry tomatoes
- 3 Tbsp olive oil
- 2 tsp fresh or dried thyme
- salt and pepper
- big squeeze of lemon juice

Directions
1. 1. Preheat oven to 375 degrees.
2. Line a rimmed baking sheet with parchment.
3. Thinly slice potatoes and scatter them across baking sheet. Season with 2 Tbsp of olive oil, pinch of salt, pepper and thyme. Place in oven for 15 minutes.
4. Remove tray from oven. Increase heat to 400 degrees. Lay salmon filets over the potatoes and add the asparagus and tomatoes. Return to oven for 10 to 15 minutes, or until salmon is cooked.
5. Remove from oven. Squeeze lemon juice over the whole pan and serve.

FOR MORE MEAL IDEAS, VISIT SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "_ and Away" (1992)
4. Mouth, informally
7. Type of landscape feature in Wapusk National Park, in Manitoba: 2 wds.
14. Green
15. "Bravo!"
16. Hors d'oeuvres tray's ritzy roes
17. Norah Jones' musician father, Ravi _
19. Fruit loaf of Germany
20. Gown and cap wearers
21. Perfected
22. Comedians
25. TV network VIPs
28. Dog: French
31. Buddhist who has attained Nirvana
33. Quebec turndown
34. Who Achilles killed in the Trojan War
36. Mr. Brynner's
37. Roxy Music's Brian
38. 'Mars'-meaning prefix
39. Actor Mr. Davis
41. Flintstones pet
42. Mythical bird
43. Chimney stuff
44. Beer keg 'faucet'
46. Ms. Carrere
47. "Wicked Game" singer Chris
49. Niners - Eighters = _
50. Theater curtain fabric
52. Furniture polish
54. Rock guitarist Steve's
56. Followers of The Way
60. Test tube room, fun-style: 2 wds.
63. Bauble
64. Barbary pirate
65. Ms. Ronstadt, for short
66. Singer Janis
67. Skiing venues
68. HS subject
69. Texter's polite abbr.

DOWN
1. Admit, _ up
2. Patient's pain
3. Horse coat
4. Title lady in a Barenaked Ladies song: 2 wds.
5. _ clock
6. "Prince of _: The Sands of Time" (2010)
7. "Sussudio" singer ...his initials-sharers
8. "I could _ _ horse I'm so hungry!"
9. Shorebirds with stilt-like legs
10. Bathroom cleaning brand
11. Ottawa-Gatineau's annual festival Winterlude as it is known in French: 3 mots
12. Iron _
13. American cable channel
18. Kind with: 2 wds.
23. Where to see the works of art at #30-Down: _ Garden, at Ottawa's Confederation Park
24. Feng _
26. Sarah _, "The Terminator" (1984) character
27. Snobs
28. Business meeting graphics
29. Courageous
30. They have created fantastically frigid sculptures at #11-Down: 2 wds.
32. Pub beverages
35. Aussie hoppers
40. Sudsy stuff
41. Have your meal at home: 2 wds.
43. Resembling
45. Travelling via a bouncy retro stick
48. Tea maker's need
51. Retort to "You are not!": 3 wds.
53. "Beyond the Sea" singer Bobby
55. "Who knows?" = "Qui _?", en francais
57. Bypass
58. Blue/green
59. RR depots
60. "Proud Mary" gr.
61. Tilling tool
62. Loni Anderson's famous ex ...his initials-sharers

✷ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

♈ **Aries** March 21 - April 20
This is an upbeat day to deal with members of the general public. It's also a good day to enjoy the company of partners and close friends.

♉ **Taurus** April 21 - May 21
Co-workers will be supportive of you today, because everyone is in a good mood. Work-related travel is likely.

♊ **Gemini** May 22 - June 21
This is a fun day for sports events, playful activities with children, the arts, social occasions and romance. Whatever you do will expand your day in a funfilled way.

♋ **Cancer** June 22 - July 23
The earlier part of this day is excellent for real-estate deals. This also is a wonderful time to entertain at home. Invite the gang over.

♌ **Leo** July 24 - Aug. 23
This is a positive day for those who are in sales, marketing, writing, teaching or acting, because you really are on your game! All Leos feel upbeat and positive.

♍ **Virgo** Aug. 24 - Sept. 23
This is a good day for business and commerce because you're not afraid to think big. A positive attitude with great expectations almost always will yield good results.

♎ **Libra** Sept. 24 - Oct. 23
Today the Moon is in your sign, lined up with lucky Jupiter. This makes you generous and sympathetic to others. You feel optimistic and willing to help wherever you can.-

♏ **Scorpio** Oct. 24 - Nov. 22
You might put your needs second today to help someone who is in dire straits. You will do this because it feels rewarding to do the right thing.

♐ **Sagittarius** Nov. 23 - Dec. 21
You'll enjoy hanging out with others today, especially in clubs, teams and classes. There's a strong sense of camaraderie with others, especially if you are working for a common goal.

♑ **Capricorn** Dec. 22 - Jan. 20
Your enthusiasm for something will impress bosses, parents and VIPs today. They see your positive attitude as an asset, and they are willing to bet on you.

♒ **Aquarius** Jan. 21 - Feb. 19
This is a good day to make travel plans because you are enthusiastic about what is possible. You're not afraid to think big and reach for the impossible.

♓ **Pisces**
Feb. 20 - March 20
You can benefit from the wealth and resources of others today, which is why gifts, goodies and favours will come your way.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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			8		3	2		
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		9				5		
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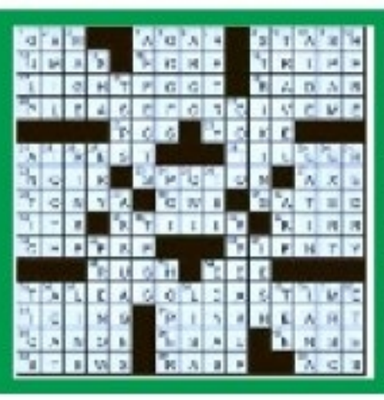
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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6	9	3	4	7	8	2	5	1
8	1	4	9	2	5	7	3	6
9	5	6	2	4	7	8	1	3
1	2	8	3	6	9	5	7	4
4	3	7	8	5	1	6	2	9

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Great health care. "Most Efficient Health Care 2014," Bloomberg magazine ranked Ecuador No. 13 in the world, while Canada ranked 21st. Quality, affordable health care is available throughout the country. You can easily see a doctor trained in North America within less than an hour in most of the clinics.

Ideal climate. Temperatures along the coast average 25°C year-round, without the extreme wet seasons common to the tropics. Due to Ecuador's location at the equator, hurricanes are inexistent. The warm water offers pleasant bathing all year round.

Stability. Ecuador is amongst the safest countries in Latin America and the currency is the US dollar. Most expats who relocate to Ecuador can obtain permanent residency status in just nine months.

Incredible sights. With UNESCO cities, endless sandy beaches, Amazon rainforests, the Andes and the Galápagos Islands, Ecuador is one of the most bio-diverse and eco-responsible places on the planet.

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- **13th for healthcare efficiency (Canada 21th) – Bloomberg Magazine, 2014**
- **Cost of living 3 times lower**
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- **No hurricanes**
- **One of Latin America's safest countries**

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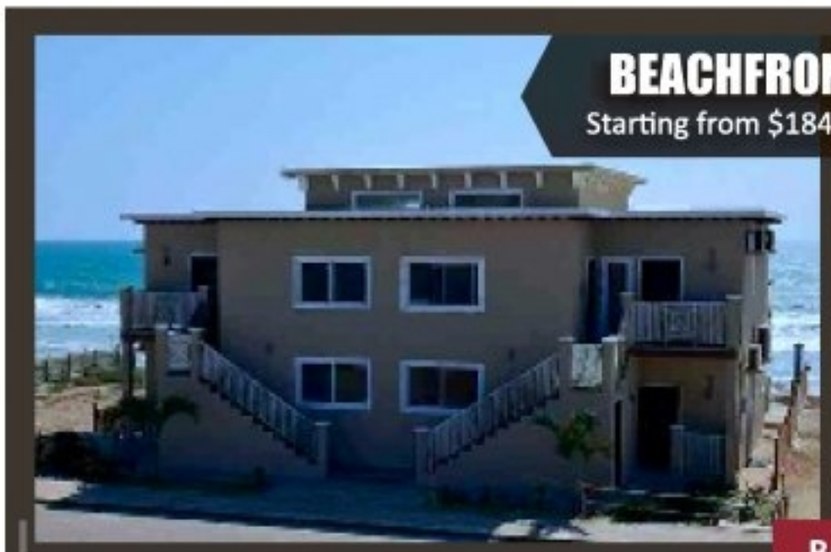
- Dominique and Jacques, Gatineau, 2017

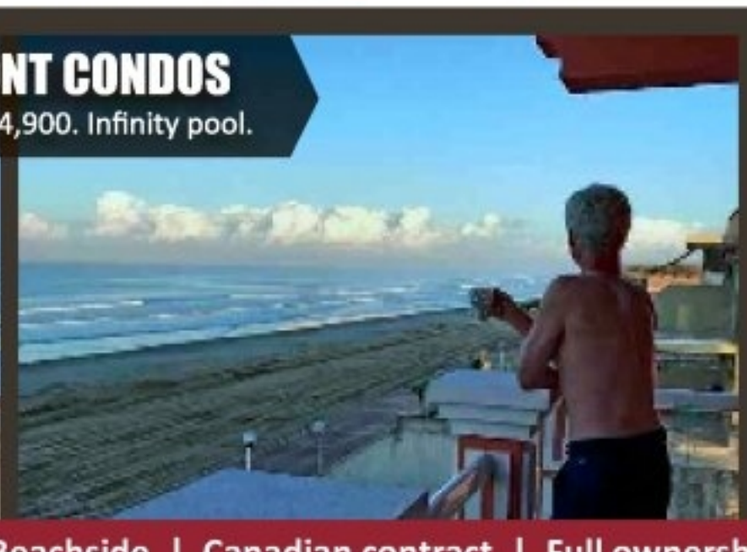
"Our designer at Hola is super responsive and understood our needs from the start. Every suggestion or change she recommended was reasonable and well thought out, making the process very easy! I would highly recommend considering a purchase with HolaEcuador."

- Charlene and kids, Toronto, 2016

"I love to walk on the beach and watch the waves rolling in. It is so easy to go out my door and get to this spot. It is so easy here to find places where you are all alone with nature."

- Michael, Calgary, 2017





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